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The Happier You

Positive Script Examples

Doors are constantly opening for me. I easily attract everything I need to accomplish my goals.

I define the terms and the people in my inner circle.

I use my time in a way that gets me closer to my goals. I choose progress over procrastination.

I allow myself to grow, to learn and to achieve my goals easily, without pain.

I give myself permission to grow and achieve. I am open to the next level for me. I am open to receiving.

Money comes quickly and easily to me. Money serves my values and goals.

I am truly grateful for all the money I have now. My capacity to earn, hold and grow money expands day by day.

Making more money is a blessing. It enhances my life and the lives of others. I choose to make more money.

I am inspired. I rise into my own strength and creativity.

This moment is as it is and I can relax.

I trust myself to make smart choices. I let go of mistakes made in the past. They are part of my education.

I'm grateful for my body's immune system. I choose to be healthy and happy.

I allow myself to get the answers I seek. I am making progress.

I am becoming clearer. Clearer on my goals, my desires and my why.

Progress not perfection

I have what it takes to achieve my goals.

I am proud of who I am.

I am enough.

I choose to express myself and my needs by using my voice.

I choose this experience and I unconditionally accept this event in my life.

Fresh invigorating energy fills my life.

I am safe and centered no matter where I am.

I love deeply and fully and I am loved deeply and fully.

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